

What is (are) the reason(s) for seeking treatment?

To help us understand better what concerns you may have, please circle any of the following problems which pertain to you:

Nervousness

Depression

Fears

Shyness

Sexual Problems

Suicidal Thoughts

Separation

Divorce

Finances

Drug Use

Alcohol Use

Friends

Anger

Self-Control

Unhappiness

Sleep

Stress

Work

Relaxation

Headaches

Tiredness

Legal Matters

Memory

Ambition

Energy

Insomnia

Making Decisions

Loneliness

Inferiority Feelings

Concentration

Education

Career Choices

Health Problems

Temper

Nightmares

Marriage

Children

Appetite

Stomach Trouble

Bowel Troubles

Parenting

Grief

My thoughts

Cultural/Spiritual Issues

Some managed care companies require that we ask the following questions regarding cultural/spiritual issues. You may choose to respond or not respond.

1. With what ethnic/cultural/racial group do you identify? _____

2. What is your religious affiliation? _____

3. What role does your religion/spirituality play in your life?

_____ Positive _____ Negative _____ Neutral

4. Are there any Spiritual or cultural issues that you feel need to be taken into account in your treatment? _____ Yes _____ No (If yes, please explain)

Treatment History

1. Have you ever received mental health or substance abuse treatment?

_____ Inpatient _____ Outpatient _____ None

Place/Provider: _____ Year(s): _____ Reason: _____

Place/Provider: _____ Year(s): _____ Reason: _____

Place/Provider: _____ Year(s): _____ Reason: _____

Place/Provider: _____ Year(s): _____ Reason: _____

Place/Provider: _____ Year(s): _____ Reason: _____

2. When were you last seen by a mental health professional? _____ N/A

3. Are you currently taking medication for anxiety, depression, insomnia, etc.?

____ Yes ____ No

If Yes,

Drug When How Long Effectiveness

4. Have you in the past taken medication for anxiety, depression, insomnia, etc.?

____ Yes ____ No

If Yes,

Drug When How Long Effectiveness Why Discontinued

5. Does anyone in your family have a history of mental illness, emotional difficulties, or substance abuse? ____ Yes ____ No

Describe: _____

Medical History

1. Please list your family doctor and any other physicians or therapists involved in your care.

2. Do you have any health problems? _____ Yes _____ No

List: _____

3. Have you had any major, non-psychiatric hospitalizations? _____ Yes _____ No

If Yes, Place Year Reason

4. Are you currently taking medication for a health problem.? _____ Yes _____ No

If Yes,

Drug When How Long Effectiveness

5. Do you have any drug allergies or sensitivities? _____ Yes _____ No

Please list:

Drug

Symptom

6. Do you have any other allergies or sensitivities (e.g. environmental, food, dye, latex, etc.)? _____ Yes _____ No

Describe: _____

Do you have any family history of medical problems, including diabetes, heart disease, cancer, Alzheimer's, asthma, etc? _____ Yes _____ No

Describe: _____

Diet, Substance Use, Lifestyle Issues

1. Are you on a special diet? _____ Yes _____ No

Describe: _____

2. Current caffeine consumption (Soda, Coffee, Tea, Iced Tea, Etc)? _____ Yes _____ No
Amount: _____

3.

Do you take Over the Counter medications, herbal preparations, dietary supplements, etc.? _____ Yes _____ No

Type: _____

4. Do you drink alcohol? _____ Yes _____ No

Type: _____ Amount: _____ Last use: _____

5. Have you ever had a problem with alcohol? _____ Yes _____ No

Describe: _____

6. Do you use any illicit drugs, e.g. marijuana, cocaine, hallucinogens, etc.? _____ Yes _____ No

Type: _____ Amount: _____ Last use: _____

7. Do you use tobacco in any form? _____ Yes _____ No

Describe: _____

8. Have you ever experienced unprotected sex, needle sharing, or blood transfusion?

_____ Yes _____ No Describe: _____

Other

Is there any other pertinent information it is important for your clinician to know?
